

January 16, 2015

# Halifax Chronos Masters Meet

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- Hosted By:** Halifax Chronos Masters Swim Club
- Sanctioned By:** Swim Nova Scotia
- Date/Time:** Saturday February 21<sup>st</sup>, 2015  
12:00pm Warm-Ups  
12:45pm Meet Start
- Location:** Centennial Pool, 1970 Gottingen St. Halifax, N.S. (6 lanes, long course)
- Head Referee:** Sue Jackson [suejack01@yahoo.com](mailto:suejack01@yahoo.com)
- Meet Manager  
& Registration:** Bette El-Hawary [swimming@sportnovascotia.ca](mailto:swimming@sportnovascotia.ca)
- Entry Fees:** \$25/swimmer cheques payable to Halifax Masters Swim Club.
- Registration:** Received electronically to meet manager; form on page 3 **no later than  
Wednesday February 18<sup>th</sup>, 2015.**
- Format:**
- All events will be swum as open and mixed, seeded by time.
  - Social to follow, details will be available on site at the meet.

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ORDER OF EVENTS

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MIXED	EVENT
1	100m Backstroke
2	50m Butterfly
3	200m IM
4	400m Free
5	100m Breaststroke
6	50m Freestyle
	BREAK
7	200m Mixed Medley Relay
8	800m Freestyle*
9	200m Breaststroke**
11	200m Butterfly**
12	200m Backstroke**
13	100m Freestyle
14	50m Breaststroke
15	1500m Freestyle*
16	400m IM
17	50m Backstroke
18	100m Butterfly
19	200m Freestyle
20	200m Mixed Freestyle Relay

\*800m Free or 1500m Free, these events may be swum 2 per lane. You must choose one of these events.

Official splits may be requested by swimmers, please notify your lane timers if you would like an official split.

\*\*200m Butterfly, 200m Breaststroke, 200m Backstroke, these events will be swum together. You must choose one of these events.

Relays conducted on the total age of team members in whole years. Age groups of relay events are as follows: 72-99, 100-119, 120-159, 160-199, 200-239, 240-279... (Forty year increments as high as necessary). Clubs should specify on their entry which age group their team is competing in. All relays may be deck entered.

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# Halifax Chronos Masters Meet

## REGISTRATION FORM

Swimmer's Name:

Address:

City:

Province:

Postal Code:

Birthdate (dd/mm/yyyy):

Age as of December 31, 2015

Phone:

Email:

Gender: Male  Female

Master's Registration number (if known):

Club:

Club Contact:

Fill in the events you are swimming in the appropriate column add a check to the male or female column and put your entry time in the last column. PLEASE REFER TO EXACT ORDER OF EVENTS IN THE MEET INFORMATION PACKAGE.

EVENT	MIXED	ENTRY TIME
100m Backstroke	<input type="checkbox"/>	
50m Butterfly	<input type="checkbox"/>	
200m IM	<input type="checkbox"/>	
400m Freestyle	<input type="checkbox"/>	
100m Breaststroke	<input type="checkbox"/>	
50m Freestyle	<input type="checkbox"/>	
800m Free <b>Select one</b> 1500m Free	<input type="checkbox"/>	
200m Fly, 200m Breast, 200m Back <b>Select one</b>	<input type="checkbox"/>	
100m Freestyle	<input type="checkbox"/>	
50m Breaststroke	<input type="checkbox"/>	
400m IM	<input type="checkbox"/>	
50m Backstroke	<input type="checkbox"/>	
100m Butterfly	<input type="checkbox"/>	
200m Freestyle	<input type="checkbox"/>	

Please choose either: 800 Free, 1500 Free/200 Brqast, 200 Fly or 200 Back

You may print this form and mail it and your registration fee to:

Bette El-Hawary, 5516 Spring Garden Rd 4<sup>th</sup> Floor, Halifax, N.S. B3J 1G6/Fax: (902) 425-5606

Deadline: Wednesday February 18, 2015

**OR**

You may email this form by saving it as Swim Reg- Your Name and clicking on the email address right here: [swimming@sportnovascotia.ca](mailto:swimming@sportnovascotia.ca). Payment may be mailed (preferred) or paid at the meet. Cheques should be made out to Halifax Masters Swim Club.