Hosted By: Halifax Chronos Masters Swim Club

Sanctioned By: Swim Nova Scotia

**Date/Time:** Saturday November 8th, 2014

12:00pm Warm-Ups 12:45pm Meet Start

**Location**: Centennial Pool, 1970 Gottingen St. Halifax, N.S. (6 lanes, short course

with 2 lanes available in the shallow end for warm-up/down)

**Head Referee:** Sue Jackson <u>suejack01@yahoo.com</u>

**Meet Manager** 

& Registration: Bette El-Hawary <a href="mailto:swimming@sportnovascotia.ca">swimming@sportnovascotia.ca</a>

**Entry Fees:** \$25/swimmer cheques payable to Halifax Masters Swim Club.

**Registration:** Received electronically to meet manager; form on page 3 **no later than** 

Wednesday November 5th, 2014.

### Format:

All events will be swum as open and mixed, seeded by time.

Social to follow, details will be available on site at the meet.

# ORDER OF EVENTS

MIXED	EVENT	
1	200m Freestyle	
2	50m Breaststroke	
3	100m Backstroke	
4	200m IM	
5	50m Butterfly	
6	100m Freestyle	
7	400m Freestyle*	
8	400m IM *	
9	800m Freestyle*	
11	1500m Freestyle*	
12	200m Butterfly**	
13	200m Breaststroke**	
14	200m Backstroke**	
15	50m Freestyle	
16	100m Butterfly	
17	100m IM	
18	100m Breaststroke	
19	50m Backstroke	

<sup>\*400</sup>m IM or 400m Free or 800m Free or 1500m Free, these events will be swum together. You must choose one of these events.

Official splits may be requested by swimmers, please notify your lane timers if you would like an official split.

<sup>\*\*200</sup>m Butterfly, 200m Breaststroke, 200m Backstroke, these events will be swum together. You must choose one of these events.

# RATION TO THE MARKET MARKETS MARKETS MARKETS

# **REGISTRATION FORM**

Swimmer's Name:				
Address:				
<b>,</b> ·	Province:			
	Age as of December 31, 2014			
	Email:			
Gender: Male 🗌 Female 🗌	Master's Registr	ration number (if known):		
Club:				
Club Contact:				
Fill in the events you are swimming in the app	propriate column ad	d a check to the male or female c	olumn	
and put your entry time in the last column.				
EVENT	MIXED	ENTRY TIME		
200m Freestyle				
50m Breaststroke				
100m Backstroke				
200m IM				
50m Butterfly				
100m Freestyle				
400m IM Select one 400 Free Select one				
800m Free Select one 1500m Free				
200m Fly, 200m Breast, 200m Back				
Select one				
50m Freestyle				
100m Butterfly				
100m IM				
100m Breaststroke				
50m Backstroke				
Diagon change sither, 100 Free 000 Free	1500 Esha as 10	0 IM - 200 Dragat 200 Elv as 0	100 Daale	

Please choose either: 400 Free, 800 Free, 1500 Free or 400 IM 200 Breast, 200 Fly or 200 Back

You may print this form and mail it and your registration fee to:

Bette El-Hawary, 5516 Spring Garden Rd 4th Floor, Halifax, N.S. B3J 1G6/Fax: (902) 425-5606 Deadline: Wednesday November 5th, 2014

OR

You may email this form by saving it as Swim Reg- Your Name and clicking on the email address right here: <a href="mailto:swimming@sportnovascotia.ca">swimming@sportnovascotia.ca</a>. Payment may be mailed (preferred) or paid at at the meet. Cheques should be made out to Halifax Masters Swim Club.