COLD WEATHER INVITATIONAL SWIM MEET MASTERS SWIMMING

HOSTED BY: Pictou Ancient Mariners Masters Swim Club

DATE: Saturday, January 18, 2014

ELIGIBILITY: This event is open to all registered NS Masters Swimmers or

equivalent. Registration forms will be available at the registration desk on the day of the meet. The SNS registration fee is \$35.

LOCATION: Fisheries Training Pool, Pictou, NS

FACILITIES: 6 lanes - 25 meter pool. The starting blocks are located at the deep

end of the pool.

Swimming supplies will be available for sale by the pool staff.

Please check with receptionist.

REGISTRATION: Starts at 2:30 p.m.

WARM-UP: 3:00 p.m. to 3:50 p.m.

NSM warm-up procedures will be in effect.

MEET STARTS: At 4:00 p.m.

COST: Registration fee is \$25.

Relay events are free.

SEEDING: Seeding will be by entry time.

Men and women will swim together but will be scored separately.

SOCIAL: A social will be held immediately after the swim meet at "Carvers

Coffee House". A map of the location will be available at the

registration desk on the day of the meet.

MEET MANAGER: Victoria Reich (902) 485-8906

E-mail, veereich@gmail.com

ORDER OF EVENTS

WOMEN	EVENT			<u>MEN</u>
1	200	Choice		2
3	50	BREAST		4
5	400	FREE / IM		6
7	100	BACK		8
9	50	CHOICE		10
11	200	FREE		12
13	50	FLY		14
15	100	BREAST		16
17	1500/	800 FREE *		18
19	25	CHOICE		20
21	100	CHOICE		22
23	50	FREE		24
25	100	IM		26
27	50	BACK		28
29	100	FREE		30
31		200	RELAY	

^{*} Events 17 & 18 will be swum together and will be limited to a maximum of 2 heats. Swimmers may be required to swim 2 per lane.