Hosted By: Halifax Chronos Masters Swim Club

Sanctioned By: Swim Nova Scotia

**Date/Time:** Saturday November 30<sup>th</sup>, 2013

12:00pm Warm-Ups 12:45pm Meet Start

**Location**: Dalplex Pool, 6260 South St. Halifax, N.S. (8 lanes, short course)

**Head Referee:** Sue Jackson <u>suejack01@yahoo.com</u>

**Meet Manager** 

& Registration: Bette El-Hawary swimming@sportnovascotia.ca

**Entry Fees:** \$25/swimmer cheques payable to Halifax Masters Swim Club.

**Registration:** Received electronically to meet manager; form on page 3 **no later than** 

Thursday November 28th, 2013.

### Format:

All events will be swum as open and mixed, seeded by time.

O Social to follow, details will be available on site at the meet.

# ORDER OF EVENTS

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MIXED	EVENT	
1	200m Freestyle	
2	50m Breaststroke	
3	100m Backstroke	
4	200m IM	
5	50m Butterfly	
6	100m Freestyle	
7	400m Freestyle*	
8	400m IM *	
9	800m Freestyle*	
10	200m Butterfly**	
11	200m Breaststroke**	
12	200m Backstroke**	
13	50m Freestyle	
14	100m Butterfly	
15	100m IM	
16	100m Breaststroke	
17	50m Backstroke	

 $<sup>^*400</sup>$ m IM or 400m Free or 800m Free, these events will be swum together. You must choose <u>one</u> of these events.

<sup>\*\*200</sup>m Butterfly, 200m Breaststroke, 200m Backstroke, these events will be swum together. You must choose <u>one</u> of these events.

# Callengerous Masters Meet

## **REGISTRATION FORM**

Swimmer's Name:		
Address:		
City:	Province:	Postal Code
Birthdate (dd/mm/yyyy):	Age as of December 31, 2013	
Phone:	Email:	
Gender: Male 🗌 Female 🗌	Master's Registra	tion number (if known)
Club:		
Club Contact:		
Fill in the events you are swimming in the a	ppropriate column add	a check to the male or femal
and put your entry time in the last column.		
EVENT	MIXED	ENTRY TIME
200m Freestyle		
50m Breaststroke		
100m Backstroke		
200m IM		
50m Butterfly		
100m Freestyle		
400m IM Select one 400 Free Select on	ie	
800m Free		
200m Fly, 200m Breast, 200m Back		
Select one		
50m Freestyle		
100m Butterfly		
100m IM		
100m Breaststroke		
50m Backstroke		
Place chance aither: 100 From 800 From	oo or 400 IM 200 Bi	roact 200 Ely or 200 Back

Please choose either: 400 Free, 800 Free or 400 IM 200 Breast, 200 Fly or 200 Back

You may print this form and mail it and your registration fee to:

Bette El-Hawary, 5516 Spring Garden Rd 4th Floor, Halifax, N.S. B3J 1G6/Fax: (902) 425-5606 Deadline: Thursday November 30th, 2013

OR

You may email this form by saving it as Swim Reg- Your Name and clicking on the email address right here: <a href="mailto:swimming@sportnovascotia.ca">swimming@sportnovascotia.ca</a>. Payment may be mailed (preferred) or paid at at the meet. Cheques should be made out to Halifax Masters Swim Club.