

Hosted By: Halifax Chronos Masters Swim Club

Sanctioned By: Swim Nova Scotia

Date/Time: Saturday November 3rd, 2012

10:30am Registration 11:00am Warm-Ups 11:45am Meet Start

Location: Centennial Pool, 1970 Gottingen St. Halifax, N.S. (6 lanes, short course)

Head Referee: Wendy Hudson, Wendy5555Hudson@gmail.com

Meet Manager

& Registration: Bette El-Hawary swimming@sportnovascotia.ca

Entry Fees: \$25/swimmer cheques payable to <u>Halifax Masters Swim Club</u>.

Registration: Received electronically to meet manager; form on page 3 no later than

Thursday November 1st, 2012

Format:

All events will be swum as open and mixed, seeded by time.

Social to follow, details will be available on site at the meet.

ORDER OF EVENTS

MIXED	EVENT	
1	200m Freestyle	
2	50m Breaststroke	
3	100m Backstroke	
4	400m IM*	
5	400m Freestyle*	
6	50m Butterfly	
7	100m Freestyle	
8	200m IM	
9	800m Freestyle	
10	50m Freestyle	
11	100m Butterfly	
12	100m IM	
13	200m Butterfly**	
14	200m Breaststroke**	
15	200m Backstroke**	
16	100m Breaststroke	
17	50m Backstroke	
18	4 x 50m Freestyle Relay	

 $^{^*400}$ m IM or 400m Free, these events will be swum together. You must choose <u>one</u> of these events.

^{**200}m Butterfly, 200m Breaststroke, 200m Backstroke, these events will be swum together. You must choose <u>one</u> of these events.



REGISTRATION FORM

Swimmer's Name: Address:			
City:	Province:	Postal Code:	
Birthdate (dd/mm/yyyy):	Age as of December 31, 2012		
Phone:	Email:		
Gender: Male 🗌 Female 🗌	Master's Registrat	tion number (if known):	
Club:			
Club Contact:			
Fill in the events you are swimming in the and put your entry time in the last column	n.		
EVENT	MIXED	ENTRY TIME	
200m Freestyle			
50m Breaststroke			
100m Backstroke			
400m IM Select one 400 Free			
50m Butterfly			
100m Freestyle			
200m IM			
800m Free			
50m Freestyle			
100m Butterfly			
100m IM			
200m Fly, 200m Breast, 200m Back			
Select one			
100m Breaststroke			
50m Backstroke			
4 x 50m Freestyle Relay			
Please choose either: 400 Free or 40	0 IM 200 Breast 200 F	ly or 200 Back	

Please choose either: 400 Free or 400 IM 200 Breast, 200 Fly or 200 Back

You may print this form and mail it and your registration fee to:

Bette El-Hawary, 5516 Spring Garden Rd 4th Floor, Halifax, N.S. B3J 1G6/Fax: (902) 425-5606 Deadline: Thursday November 1st, 2012

OR

You may email this form by saving it as Swim Reg- Your Name and clicking on the email address right here: swimming@sportnovascotia.ca. Payment may be mailed (preferred) or paid at at the meet. Cheques should be made out to Halifax Masters Swim Club.