



Nova Scotia Masters Dartmouth Whalers Spring 2015 Invitational Dartmouth Sportsplex, April 11, 2015

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| Hosted By: Dartmouth Whalers Masters Swim Club | Registration: Wednesday April 8th by 6pm. Pre-registration is required by email or regular mail. Post-dated cheques will be accepted by mail. |
| Sanctioned by: Swim Nova Scotia | |
| Meet Manager: Marti Maguire
meetregistrar@dwmsc.com | Address: PO Box 26001
Portland St Market
Dartmouth, NS
B2W 6A0 |
| Location: Dartmouth Sportsplex,
110 Wyse Road
Dartmouth, NS
(902) 464-2600 | Warm-ups: 3:30pm - 4:25pm with sprint lanes (1 & 8) in the final 15 minutes |
| Eligibility: All Registered Masters Swimmers | Meet Start: 4:30pm |
| Meet Fees: \$25 - Cheque payable to DWMSC
Includes: all swims, and supper | Meet Rules: SNC and MSC rules will govern the meet |
| Event Limit: There will be a 5-event limit per swimmer (not including relays) | Scoring: 50-30-25-23-22-21-20-19 |

MEET DAY INFO

Meet check-in is on Saturday, April 11, from 2:30 - 3:30 p.m. in the Nantucket Room on the upper level of the Sportsplex.

Parking - due to other events at the Dartmouth Sportsplex on the day of the meet, parking may be limited. Additional parking is available across the street next to the office tower at 99 Wyse Rd.

The Dartmouth Sportsplex offers complete locker room services, a 25-metre-8-lane pool, a 25-metre cool down pool and ample spectator space. In addition to the pool, you will have the use of the hot tub, steam room and sauna.

The post-meet social will be in the Nantucket Room on the upper level of the Sportsplex. Chili and desserts will be available, along with a cash bar. Directions will be posted in the building. Note: room location may change due to Sportsplex requirements; changes will be communicated if necessary.

Results will be posted at the meet, on deck and in the Nantucket Room.

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Dartmouth Whalers Spring 2015 Invitational**

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ORDER OF EVENTS

WOMEN	EVENT	MEN
1	200 Fly *	2
3	200 Back*	4
5	200 Breast*	6
7	200 IM*	8
9	50 Fly	10
11	100 Breast	12
13	400 Free**	14
15	400 IM**	16
17	100 Back	18
19	200 Free	20
21	100 Fly	22
23	50 Free	24
25	800 Free***	26
27	1500 Free***	28
29	100 IM	30
31	50 Back	32
33	100 Free	34
35	50 Breast	36
37	200 Mixed Free Relay	

Notes: Please choose either:

*200 Fly, 200 Back, 200 Breast, 200 IM / **400 IM, 400 Free / ***1500 Free, 800 Free

800 and 1500 Freestyle will be swum together and will be limited to a maximum of 2 heats. Swimmers may be required to swim two per lane.

The mixed free relay is an exhibition event.

Events may only be swum as listed.